

To,

The Environment Engineer

Regional Office
Telangana State Pollution Control Board (TSPCB)

4TH Floor, Hyderabad District Collectors Office complex
Nampally, Hyderabad, Telangana 500 001.



Respected Sir,

Reg: Submission of form No. 4 Biomedical waste for the year January 2024 - December 2024

We are herewith submitting the Form no IV form for filing annual returns for year January 2024 – December 2024.

Kindly receive the same and acknowledge please

CARE Hospitals, Nampally
(A unit of Quality Care India Limited)

Dr. Samiullah Sarasapalle

Hospital Chief Operating Office

CARE Hospitals

Nampally, Hyderabad, Telangana 500 001

Enclosure:

- Form No.4 for Filing Annual Returns
- 2. Minor Accident details & The Remedial Action taken details
- 3. minutes of the meetings bio-medical waste management committee(2)
- 4. Training Attendance sheets

QUALITY CARE INDIA LIMITED

CIN: U85110TG1992PLC014728

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CARE HOSPITALS

Exibition Ground Road, Nampally, Hyderabad - 500 001, Telangana T: 040-6719 6565 | F: 040-30417488 | E: info@carehospitals.com | W: carehospitals.com

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Form - IV (See rule 13) ANNUAL REPORT

[To be submitted to the prescribed authority on or before 30th June every year for the period from Januaryto December of the preceding year, by the occupier of health care facility (HCF) or common bio-medical waste treatment facility (CBWTF)]

Sl. No.	Particulars				
1.	Particulars of the Occupier	:			
	(i) Name of the authorised person (occupier or operator of facility)	:	Dr Sarasapalle Samiullah		
	(ii) Name of HCF or CBMWTF	:	CARE Hospitals, Nampally		
	(iii) Address for Correspondence	:	5-4-199,J.N Road ,MJ Market Nampally, Hyderabad-500001		
	(iv) Address of Facility		5-4-199,J.N Road ,MJ Market Nampally, Hyderabad-500001		
	(v)Tel. No, Fax. No	:	040-67106565		
	(vi) E-mail ID	:	Cnm.hco@carehospitals.com		
	(vii) URL of Website		www.carehospitals.com		
	(viii) GPS coordinates of HCF or CBMWTF		GPS no: 17.38596, 78.47414		
	(ix) Ownership of HCF or CBMWTF	:	Private		
	(x). Status of Authorisation under the Bio-Medical Waste (Management and Handling) Rules	:	Authorization No.: 208-HYD/TSPCB/ZOH/TS- iPASS/HCF/CFO/2023-44 dated 17/4/2023 .valid up to 31/3/2026		
	(xi). Status of Consents under Water Act and Air Act	:	Valid up to: 31/3/2026		
2.	Type of Health Care Facility	:	Super speciality -allopathic hospital		
	(i) Bedded Hospital	:	No. of Beds: 210		
	(ii) Non-bedded hospital (Clinic or Blood Bank or Clinical Laboratory or Research Institute or Veterinary Hospital or any other)	:	Not applicable		
	(iii) License number and its date of expiry		07 F-TSAPMCE-0093, Date of expiry :18/12/2029		
3.	Details of CBMWTF	:	Not applicable		
	(i) Number healthcare facilities covered by CBMWTF	:	Not applicable		

	(ii) No of beds covered by CBMWTF			:		Not a	plicabl	е
	(iii) Installed treatment and disposal capacity of CBMWTF: (iv) Quantity of biomedical waste treated or disposed by CBMWTF			:	Not applicable Not applicable			
				:				
4.	Quantity of waste generated or disposed in Kg per annum (on monthly average basis)			:	Yellow Category :1695 KG			
					Red Category :2004 KG White :37 KG Blue Category : 323 KG General Solid waste:3419 KG			
				1				
5	Details of the Storage, treatment, transpo	rtatio	n, proces	ssing a	nd Dispos	al Facili	ty	
	(i) Details of the on-site storage	:	Size		6'.3' sq ft			3 room)
	facility		Capaci	ty :150	bag in ea	ch root	n	
				•	on-site s			d storage or
					rovision)-normal storage			
	disposal facilities		-		atment	No	Cap	Quantity
	disposal facilities			pment		of	acit	treatedo
				P		unit	у	r
	* * * * * * * * * * * * * * * * * * * *					S	Kg/	disposed
							day	in kg
								per
								annum
			Incinerators					
		Plasma Pyrolysis						
			Autoclaves					
			Microwave					
			Hydroclave					
	Shi Ne			Shredder Needle tip cutter or				
				royer			-	
	SI							
				psulat	ion or		-	
			1	crete p				
			1	p buria				
				mical	•			
			disir	nfectio	n:		-	
			Any	other	treatment			
			equi	pment	:			
			(All above done by G.J.Multiclave (In Pvt.Ltd			ve (India)		
	(iii) Quantity of recyclable wastes sold to authorized recyclers after treatment in kg per annum.	:	Not ap	plicab	le as Outso	ourced		

121-11

	(iv) No of vehicles used for collection : and transportation of biomedical waste	06 1)TS 06 UA 8325 2)AP 22 Y 7955 3)TS 09 UC 1735 4)TS 09 UC 2908 5)TS 06 UA 3229 6)AP 22 W 3306			
	(v) Details of incineration ash and ETP sludge generated and disposed during the treatment of wastes in Kg per annum	Incineration -Not applicable -Not applicable ETP Sludge - Not applicable -Not applicable -Not applicable			
	(vi) Name of the Common Bio- Medical Waste Treatment Facility Operator through which wastes are disposed of	G.J.Multiclave(india) Pvt.Ltd, Survey No-179, Mothkulagudam Village Nandigama Mandal,Ranga Reddy District, Telangana 509216			
	(vii) List of member HCF not handed over bio-medical waste.	Not applicable			
6	Do you have bio-medical waste management committee? If yes, attach minutes of the meetings held during the reporting period	Yes we have committee. Enclosed the document.			
7	Details trainings conducted on BMW				
	(i) Number of trainings conducted on BMW Management.	89			
	(ii) number of personnel trained	1323			
	(iii) number of personnel trained at the time of induction	130			
	(iv) number of personnel not undergone any training so far	0			
	(v) whether standard manual for training is available?	Yes			
	(vi) any other information)	Regular Bedside Training by ICN Monthly Induction Training Refreshesher training for Nurses, Technicians, House keeping staff.			
8	Details of the accident occurred during the year				
	(i) Number of Accidents occurred	03			
	(ii) Number of the persons affected	03			
	(iii) Remedial Action taken (Please attach details if any)	Enclosed the action taken document			
	(iv) Any Fatality occurred, details.	Nil			

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9.	Are you meeting the standards of air Pollution from the incinerator? How many times in last year could not met the standards?		NA
	Details of Continuous online emission monitoring systems installed		Not applicable
10	Liquid waste generated and treatment methods in place. How many times you have not met the standards in a year?		STP in place and met standard all the time.
11	Is the disinfection method or sterilization meeting the log 4 standards? How many times you have not met the standards in a year?		The disinfection method is meeting the log 4 standards all the time
12	Any other relevant information	:	Not applicable

Certified that the above report is for the period from January 2024 to December 2024

Name and Signature Institution

Date: 29/3/2025
Place Hyderabad



Details of the accident occurred during the year of 2024 Incident -1

Incident Number: INC/2024/3,099

Incident date & time : 27-May-2024 04:00 pm

Unit: CARE Nampally

Location of the incident: OT-complex (4TH FLOOR)

: Accidents Category

Sub-category: Needle stick injury

Incident description:

Housekeeping staff while working in OT department ,around 4pm while picking up the trash from the yellow dustbin the staff got a needle stick injury.

Corrective Actions:

- 1)Housekeeping staff Immediately washed the finger under running water.
- 2)Baseline viral screening for Hep-B,Hbsag, HIV was done for doctor on date of incident (27-5-24) and results for all the test came negative
- 3)Anti Hbsag titer was also checked for the doctor and the results were >10 Baseline viral screening for Hep-B,
- 4) Counseling and support provided to the staff member.

Preventive Actions:

- 1)Training has been conducted for the Housekeeping staff
- 2)Awareness Posters has been displayed On Safe handling of needles and sharps.
- 3)Demonstration training session given by the HICC team on handling of sharps and needle.







Details of the accident occurred during the year of 2024 Incident -2

Incident Number: INC/2024/3,097

Incident date & time : 20-May-2024 02:30 pm

Unit : CARE Nampally

Location of the incident : GENERAL OT

:Accidents Category

Sub-category: Needle stick injury

Incident description:

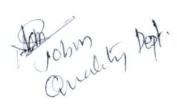
Anesthetist got needle stick injury While recapping the 24 gauge needle it happened in General Operation Theatre. After giving the axillary block for the patient upper limb for implant removal procedure

Corrective Actions:

- 1) Anaestistis Doctor Immediately washed the finger under running water.
- 2)Baseline viral screening for Hep-B, Hbsag, HIV was done for doctor on date of incident (20-5-24) and results for all the test came negative
- 3)Anti Hbsag titer was also checked for the doctor and the results were >10.
- 4) Counseling and support provided to the staff member.

Preventive Actions:

- 1)Training has been conducted for the doctors & GOT staff by DR.Masood mohammed (23-5-2024).
- 2)Awareness Posters has been displayed On Safe handling of needles and sharps.
- 3)Demonstration training session given by the HICC team on handling of sharps and needle.







Details of the accident occurred during the year of 2024 Incident -3

Incident Number: INC/2024/2,562

Incident date & time : 10-Jan-2024 10:35 am

Unit : CARE Nampally

Location of the incident: NS-220/0220/SEMI PRIVATE A

:Accidents Category

Sub-category: Needle stick injury

Incident description: A nurse forgot to use a puncture-proof container (PPC) after checking GRBS, leaving the needle in the tray with the glucometer. Another staff nurse later picked up the glucometer, unaware of the hidden needle, and suffered a needle stick injury.

Corrective Actions:

- 1) Nurses Immediately washed the finger under running water.
- 2)Baseline viral screening for Hep-B, Hbsag, HIV was done for nurse on date of incident (10/1/2024) and results for all the test came negative
- 3) Nurses is already vaccinated .
- 4) Counseling and support provided to the staff member.

Preventive Actions:

1)Training has been conducted for the nurses .

2)Awareness Posters has been displayed On Safe handling of needles and sharps.

3)Demonstration training session given by the HICC team on handling of sharps and needle.







Steps taken to prevent the recurrence of an accident-Needle stick injury reported in 2024:

- Training Sessions: Regular training sessions have been conducted for all the staff on safe handling and disposal of sharps.
- Poster Demonstration: Posters have been displayed in strategic locations to demonstrate proper procedures for handling sharps.
- **3. Demonstration Sessions:** Hands-on demonstration sessions have been conducted to educate staff on proper techniques for handling and disposing of sharps.
- **4. Regular Audits:** Regular audits have been conducted to ensure compliance with sharps handling and disposal policies.
- **5. Workshop on Safety:** A workshop on safety has been organized to educate staff on best practices for preventing needle stick injuries.
- 6. Exhibition on Safety: An exhibition on safety has been organized to showcase best practices and innovative solutions for preventing needle stick injuries

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Bio-Medical Waste Management Committee meeting

Minutes of Meeting:

Date: 15/6/2024

Attendees: - Ms Nikat Fathima, Mr. Vipul, Ms Venkta Lakshmi, Dr. Anand, Ms Sunitha, Mr Kisan, Ms Padma, Ms Kalamma, Dr. Mustafa, Ms Deepa Joseph, and Mr Jobin.

Agenda

- 1. Review of Bio-Medical Waste Segregation Posters
- 2. Replacement of Biohazard Symbols on Bins
- 3. Review of Employee Vaccination Status
- 4. Review of BMW Weighing Data
- 5. Review of Timely Website Reporting
- 6. Incident Review and RCA/CAPA
- 7. Surveillance Audit Observations

Discussion Points:

- 1. Bio-Medical Waste Segregation Posters:
- Ensure posters are placed in all required areas
 - Review content for accuracy and effectiveness
- 2. Replacement of Biohazard Symbols on Bins:
 - Identify bins with torn biohazard symbols
 - Replace symbols to ensure compliance
- 3. Employee Vaccination Status:
 - Review current vaccination status
 - Discuss plan for ensuring all employees are vaccinated
- 4. BMW Weighing Data:
 - Review data for accuracy and completeness
 - Discuss any discrepancies or concerns
- 5. Timely Website Reporting:
 - Review reporting status





Bio-Medical Waste Management Committee meeting

- Discuss any issues or concerns
- 6. Incident Review and RCA/CAPA:
 - Review incidents related to bio-medical waste management
 - Discuss root cause analysis and corrective action/preventive action plan
- 7. Surveillance Audit Observations:
- Discuss surveillance audit observations
 - Review plan for addressing any gaps or concerns

Action Plan Required points :

- 1 Replacement of Biohazard Symbols on Bins:
 - Action: Replace torn biohazard symbols on bins
 - Responsible: Infection control department
 - Deadline: within 5 days
- 2. Employee Vaccination Status:
 - Action: Ensure all employees are vaccinated
 - Responsible: Infection control team
 - Deadline: as per the schedule
- 3. Incident Review :preventive actions
 - Action: Review incidents and implement RCA/CAPA plan
 - Responsible: Infection control department associated with concern HODs & team
 - Deadline: within 15 days
- 4. Surveillance Audit Observations:
 - Action: Address gaps and concerns identified during surveillance audit
 - Responsible: Infection control department associated with concern HODs & team
 - Deadline: points were already closed

Prepared By

Jobin

Quality Deapertment

Reviewed and approved by

Committee Chairperson

Dr. Mustafa Afzal Consultant Microbiologica CARE HOSPITAL, NAMP HYDERABAD



Bio-Medical Waste Management Committee meeting

ACTION TAKEN REPORT FOR THE MEETING CONDUCTED ON - Date: 15/6/2024

- 1 Replacement of Biohazard Symbols on Bins:
 - Action: Replace torn biohazard symbols on bins
 - Responsible: Infection control department
 - Deadline: within 5 days
 - Status -Closed
- 2. Employee Vaccination Status:
 - Action: Ensure all employees are vaccinated
 - Responsible: Infection control team
 - Deadline: as per the schedule
 - Status -Closed
- 3. Incident Review : preventive actions
 - Action: Review incidents and implement RCA/CAPA plan
 - Responsible: Infection control department associated with concern HODs & team
 - Deadline: within 15 days
 - Status -Closed

Dr. Mustafa Afzal Consultant Microbiologis CARE HOSPITAL, NAMPA HYDERABAD.

> Reviewed and approved by Dr Mustafa Afz

Committee Champerson

Prepared By Jobin Quality Deapertment

8/2/2024



Bio-Medical Waste Management Committee meeting

Minutes of Meeting:

Date: 17/2/2024

Attendees:- Mr Kisan, Dr. Anand ,Mr Jobin ,Ms Deepa Joseph ,Ms Padma, Mr. Vipul , Dr. Mustafa ,Ms Venkta Lakshmi ,Ms Nikat Fathima ,Ms Kalamma,Ms Sunitha

Agenda:

- 1. Review of Surveillance Audit Observations
- 2. Vaccination Status of Employees
- 3. Hand Hygiene Training for Housekeeping Staff
- 4. Spill Management Training
- 5. PPE Compliance
- 6. Incident Review and RCA/CAPA
- 7. Implementation of Preventive Measures

Discussion Points:

- 1. Review of Surveillance Audit Observations:
 - Segregation, handling, and transportation of bio-medical waste
 - Gaps identified during the audit
- 2. Vaccination Status of Employees:
 - Current vaccination status
 - Plan for ensuring all employees are vaccinated
- 3. Hand Hygiene Training for Housekeeping Staff:
 - Current hand hygiene practices
 - Plan for strengthening hand hygiene training
- 4. Spill Management Training:
 - Current spill management procedures
 - Plan for conducting spill management training

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Bio-Medical Waste Management Committee meeting

- 5. PPE Compliance:
 - Current PPE usage practices
 - Plan for ensuring staff wear PPE while transferring bio-medical waste
- 6. Incident Review and RCA/CAPA:
 - Review of incidents related to bio-medical waste management
 - Root cause analysis and corrective action/preventive action plan
- 7. Implementation of Preventive Measures:
 - Plan for implementing preventive measures discussed during the meeting

Action Plan required:

- 1. Review of Surveillance Audit Observations:
 - Action: Implement corrective & preventive actions for gaps identified during the audit
 - Responsible: Respective department in-charges
 - Deadline: within 7 days
- 2. Vaccination Status of Employees:
 - Action: Ensure all employees are vaccinated
 - Responsible: ICN
 - Deadline: As per the schedule
- 3. Hand Hygiene Training for Housekeeping Staff:
 - Action: Strengthen hand hygiene training for housekeeping staff
 - Responsible: Infection Control Department
 - Deadline: As per the schedule
- 4. Spill Management Training:
 - Action: Conduct spill management training as per schedule
 - Responsible: Infection Control Department
 - Deadline: As per the schedule

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Bio-Medical Waste Management Committee meeting

5. PPE Compliance:

- Action: Ensure staff wear PPE while transferring bio-medical waste
- Responsible: HK Manger and supervisor
- Deadline: within immediate effect

6. Incident Review and RCA/CAPA:

- Action: Review incidents and implement RCA/CAPA plan
- Responsible: Infection control department associated with concern HODs & team
- -- closed already

7. Implementation of Preventive Measures:

- Action: Implement preventive measures discussed during the meeting
- Responsible: Infection control team
- Deadline: within 14 days

Prepared By

Jobin

Quality Deapertment

Reviewed and approved by

Dr Mustafa Afza

Committee Chairperson

Dr. Mustafa Afzal
Consultant Microbiologist,
CARE HOSPITAL, NAME
HYDERABAD.



Bio-Medical Waste Management Committee meeting

ACTION TAKEN REPORT FOR THE MEETING CONDUCTED ON - Date: 17/2/2024

Action Plan:

- 1. Review of Surveillance Audit Observations:
 - Action: Implement corrective & preventive actions for gaps identified during the audit
 - Responsible: Respective department in-charges
 - Deadline: within 7 days
 - -- Status -- Closed
- 2. Vaccination Status of Employees:
 - Action: Ensure all employees are vaccinated
 - Responsible: ICN
 - Deadline: As per the schedule
 - Status -Closed
- 3. Hand Hygiene Training for Housekeeping Staff:
 - Action: Strengthen hand hygiene training for housekeeping staff
 - Responsible: Infection Control Department
 - Deadline: As per the schedule
 - Status -Closed
- 4. Spill Management Training:
 - Action: Conduct spill management training as per schedule
 - Responsible: Infection Control Department
 - Deadline: As per the schedule
 - - Status -Closed



Bio-Medical Waste Management Committee meeting

5. PPE Compliance:

- Action: Ensure staff wear PPE while transferring bio-medical waste
- Responsible: HK Manger and supervisor
 - Deadline: within immediate effect
 - - Status Closed
- 6. Incident Review and RCA/CAPA:
 - Action: Review incidents and implement RCA/CAPA plan
 - Responsible: Infection control department associated with concern HODs & team
 - Status -Closed
- 7. Implementation of Preventive Measures:
 - Action: Implement preventive measures discussed during the meeting
 - Responsible: Infection control team
 - Deadline: within 14 days

- Status -Closed

Prepared By

Jobin

Quality Deapertment

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Reviewed and approved by

Dr Mustafa Afzal

Committee Chairperson

Dr. Mustafa Afzal Consultant Microbiologist, CARE HOSPITAL, NAMPALLY, HYDERABAD.



To,

The Environment Engineer

Regional Office
Telangana State Pollution Control Board (TSPCB)

4TH Floor, Hyderabad District Collectors Office complex
Nampally, Hyderabad, Telangana 500 001.



Respected Sir,

Reg: Submission of form No. 1 Accident Reporting for January 2024 – December 2024

We are herewith submitting the Form no IV form for filing annual returns for year January 2024 – December 2024.

Kindly receive the same and acknowledge please

CARE Hospitals, Nampally
(A unit of Quality Care India Limited)

Dr. Samiullah Sarasapalle Hospital Chief Operating Officer CARE Hospitals

Nampally, Hyderabad, Telangana 500 001

5-4-199, Exhibition Road

Enclosure: Form No.1 for Filing Annual Returns

QUALITY CARE INDIA LIMITED

CIN: U85110TG1992PLC014728

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FORM – I [(See rule 4(0), 5(i) and 15 (2)]

ACCIDENT REPORTING

- 1. Date and time of accident:
 - 1) Incident -1 -10-Jan-2024 10:35 am
 - 2) Incident -2 -27-May-2024 04:00 pm
 - 3) Incident -3 20-May-2024 02:30 pm
- 2. Type of Accident: Needle stick injury (All 3 above)
 - 3. Sequence of events leading to accident:
 - 1) A nurse forgot to use a puncture-proof container (PPC) after checking GRBS, leaving the needle in the tray with the glucometer. Another staff nurse later picked up the glucometer, unaware of the hidden needle, and suffered a needle stick injury.
 - 2) Housekeeping staff while working in OT department, around 4pm while picking up the trash from the yellow dustbin the staff got a needle stick injury.
 - 3) Anesthetist got needle stick injury While recapping the 24 gauge needle it happened in General Operation Theatre. After giving the axillary block for the patient upper limb for implant removal procedure
- 4. Has the Authority been informed immediately: As the above 3 accidents are classified as minor incidents, they will be included in our annual report.
- The type of waste involved in accident: white category (All 3 cases are related to Needle stick injury)
- 6. Assessment of the effects of the accidents on human health and the environment:

Human Health:

- The staff member received prompt medical attention, including post-exposure prophylaxis (PEP) as per hospital protocol.
- All the staff member was already vaccinated against hepatitis B.

Environmental Impact:

- The incident did not result in any environmental contamination or harm.

Overall, prompt medical attention, vaccination, and proper wound care minimized the risk of infection and ensured the staff member's safety.

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- Emergency measures taken :
 - 1. Immediate reporting of the incident to the supervisor and infection control team.
 - 2. Provision of first aid, including washing the affected area with soap and water.
 - 3. Administration of post-exposure prophylaxis (PEP) as per hospital protocol.
 - 4. Counseling and support provided to the staff member.
- 8. Steps taken to alleviate the effects of accidents:
 - 1. The staff member was sent for medical evaluation and follow-up.
 - 2. Sharps containers were checked to ensure they were securely closed and easily accessible.
 - 3. Additional training was provided to housekeeping staff on safe handling and disposal of sharps.
 - 4. All staff members in OT received training on proper segregation and biomedical waste management to ensure a safe and healthy work environment.
- Steps taken to prevent the recurrence of such an accident :
 - 1. Training Sessions: Regular training sessions have been conducted for all the staff on safe handling and disposal of sharps.
 - **2. Poster Demonstration**: Posters have been displayed in strategic locations to demonstrate proper procedures for handling sharps.
 - **3. Demonstration Sessions:** Hands-on demonstration sessions have been conducted to educate staff on proper techniques for handling and disposing of sharps.
 - **4. Regular Audits:** Regular audits have been conducted to ensure compliance with sharps handling and disposal policies.
 - **5. Workshop on Safety:** A workshop on safety has been organized to educate staff on best practices for preventing needle stick injuries.
 - **6. Exhibition on Safety:** An exhibition on safety has been organized to showcase best practices and innovative solutions for preventing needle stick injuries
- 10. Does you facility has an Emergency Control policy? If yes give details:

Yes, our facility has a comprehensive Emergency Control Policy in place, which outlines procedures for responding to various emergencies, including:

- 1. Fire Safety: Procedures for fire prevention, detection, and response, including evacuation protocols and fire extinguisher use.
- **2. Needle Stick Injury:** Guidelines for managing needle stick injuries, including post-exposure prophylaxis (PEP) administration and follow-up care.
- **3. Spill Management:** Procedures for containing and cleaning up spills of hazardous materials, including chemicals and biological agents.

Our Emergency Control Policy ensures that our staff is prepared to respond quickly and effectively in the event of an emergency, minimizing risks to patients, staff, and visitors.

Date: 29/3/2025

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Exhibition Road

QUALITY CARE INDIA LIMITED

CIN: U85110TG1992PLC014728

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